

Outreach & Support Worker (Armed Forces)



Steve Hinton



Project Overview

- **One year pilot project funded by the Royal British legion.**
- **Now in it's 2nd year.**
- **Based at the Carers Centre in Brighton & Hove.**
- **Full time role, Sussex wide.**
- **Focusing on one to one visits, referrals, signposting, casework and advocacy.**
- **Support for existing groups.**
- **Assisting with the Carers Hub “one stop shop” for information.**

Who can we help?

- **The cared for person has served in the military.**
- **The carer has served in the military.**
- **Another member of the household has or is serving in the military.**
- **Even if it was for just one days paid service, we can offer help.**

National Caring Picture

Figures correct as at 2014:

UK Population = 65,000,000

- **1 in 9 adults in the UK currently are carers = 7.2 million**
- **700,000 children under 18 are carers (young carers)**
- **9 in 10 of us will become carers at some point in our lives.**

By using these figures, and following them down to Sussex based levels, I did some Maths

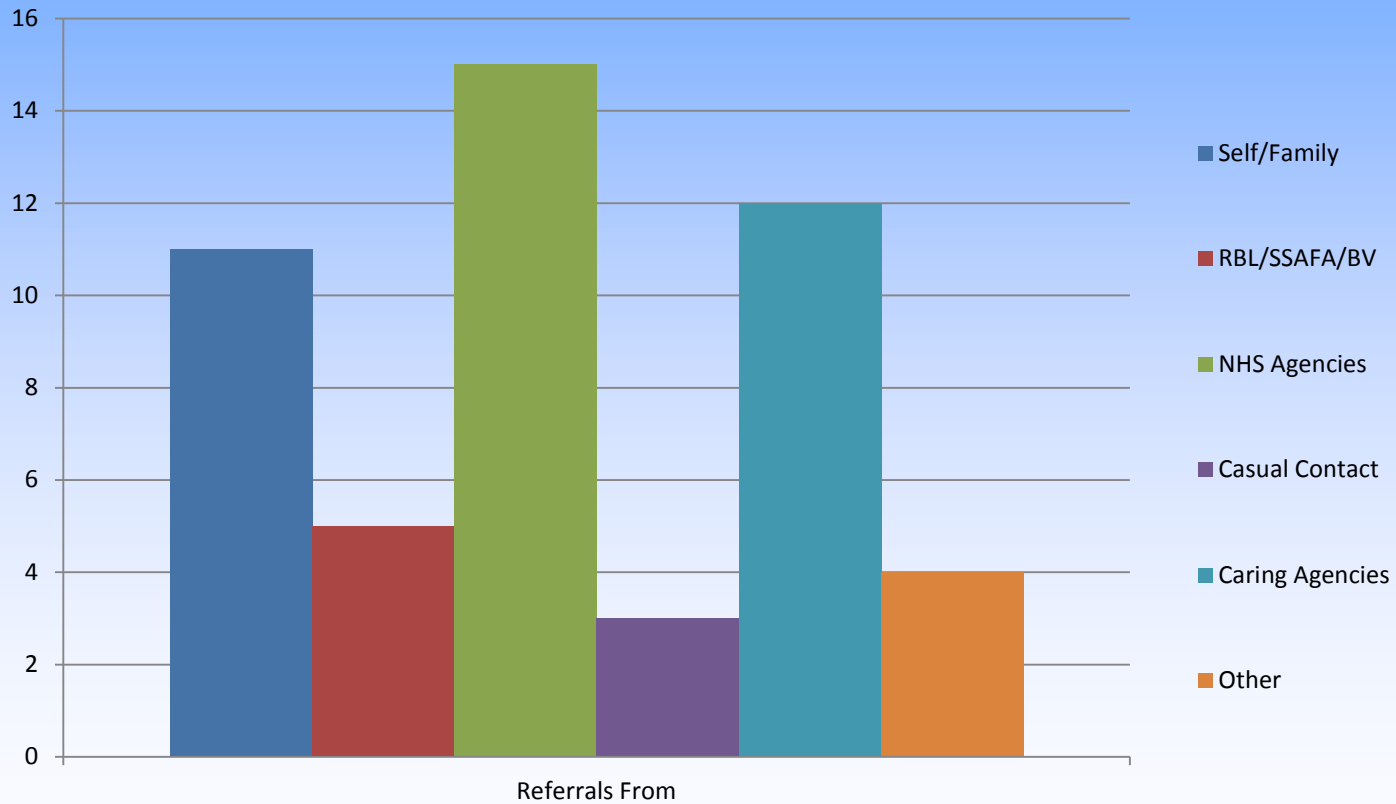


The Scary Math's

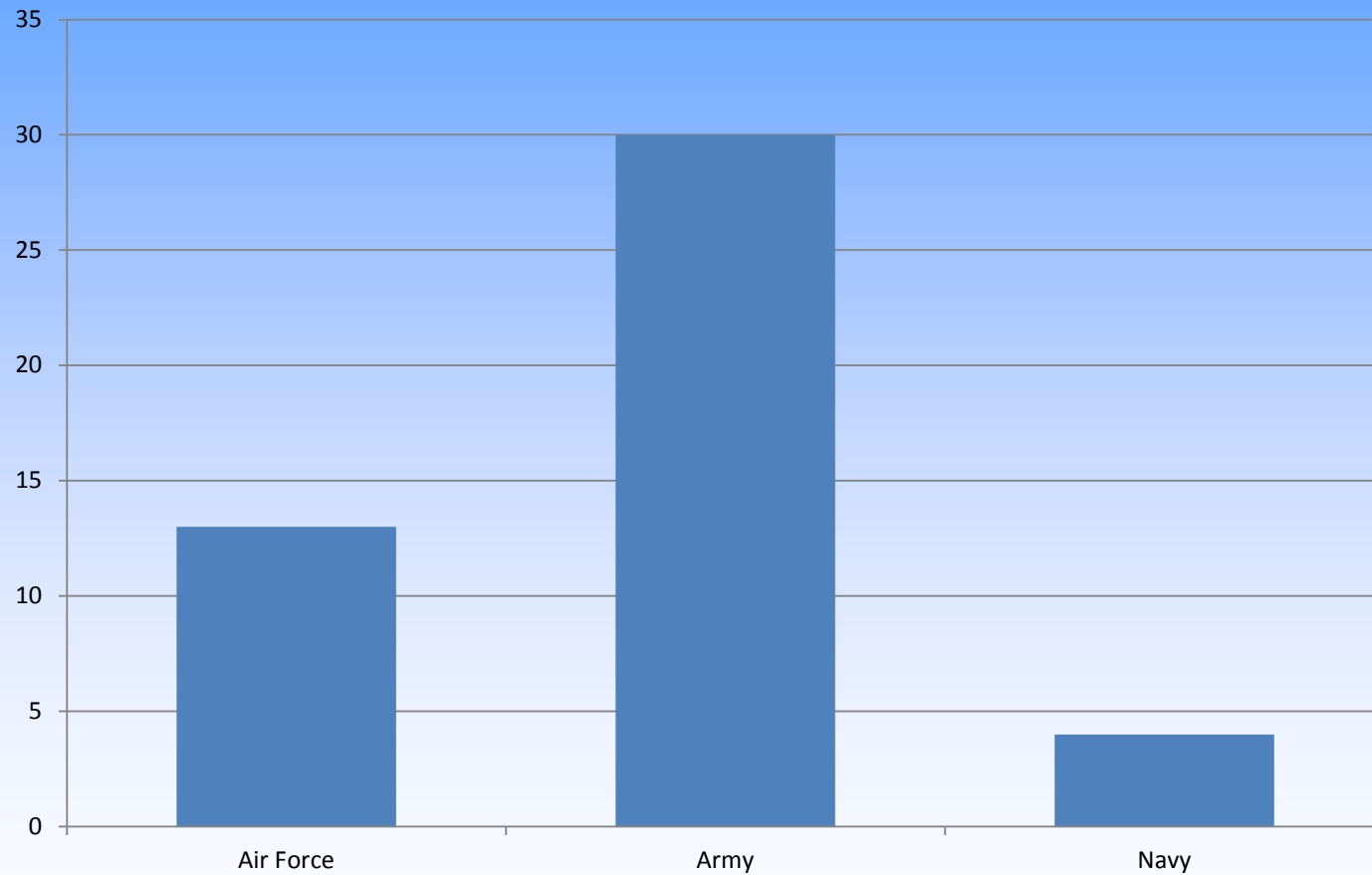
5% of the population are serving or have served in the military. This means around 8,000 people in Sussex are former or still serving members of the military.

This means between 1,500 to 2,000 members of our military family living in Sussex are carrying out a caring role.

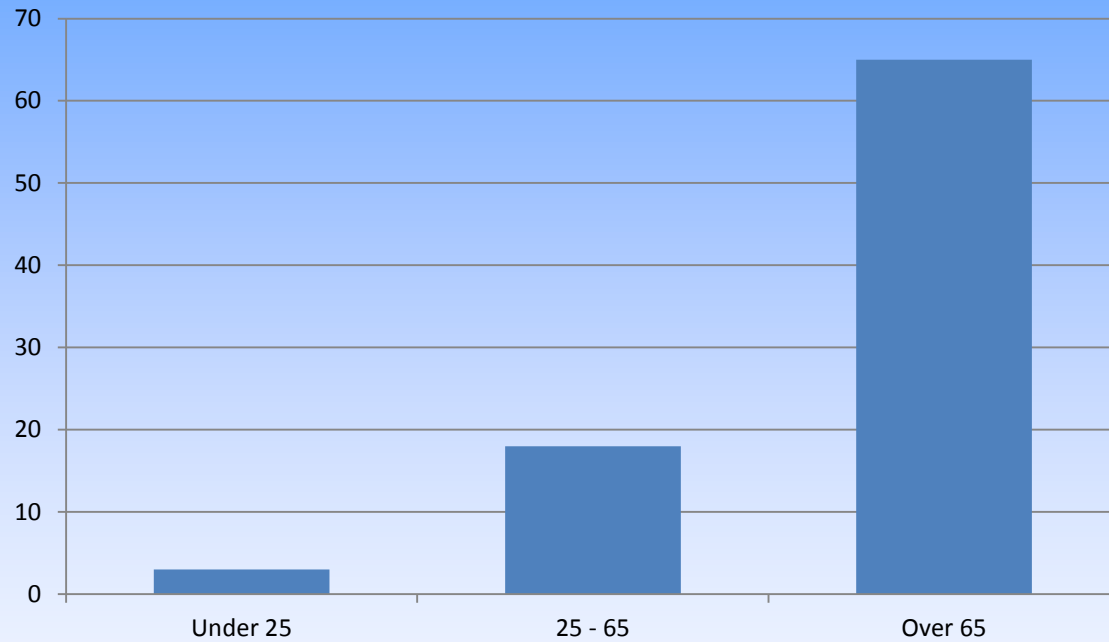
Referral Sources



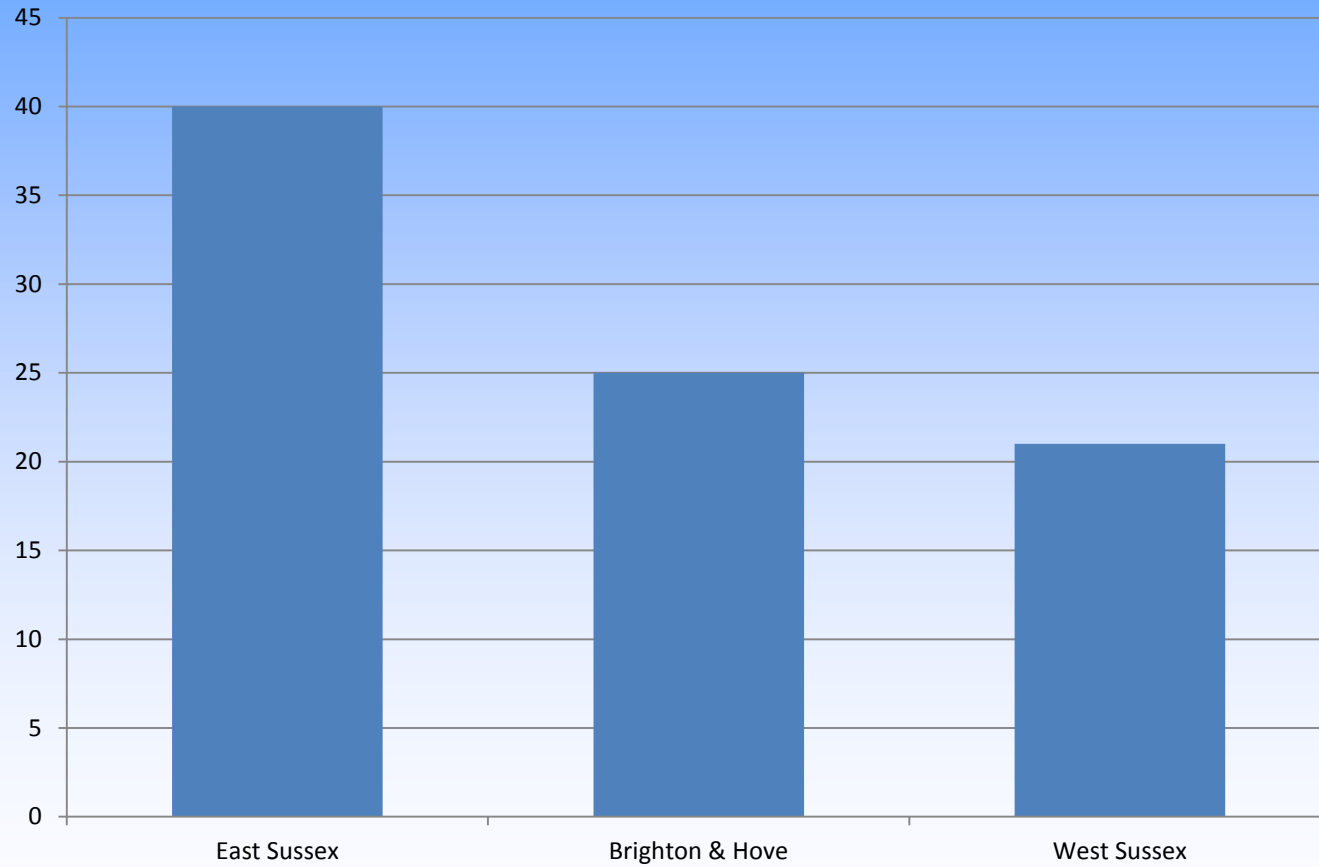
Breakdown of carers by service



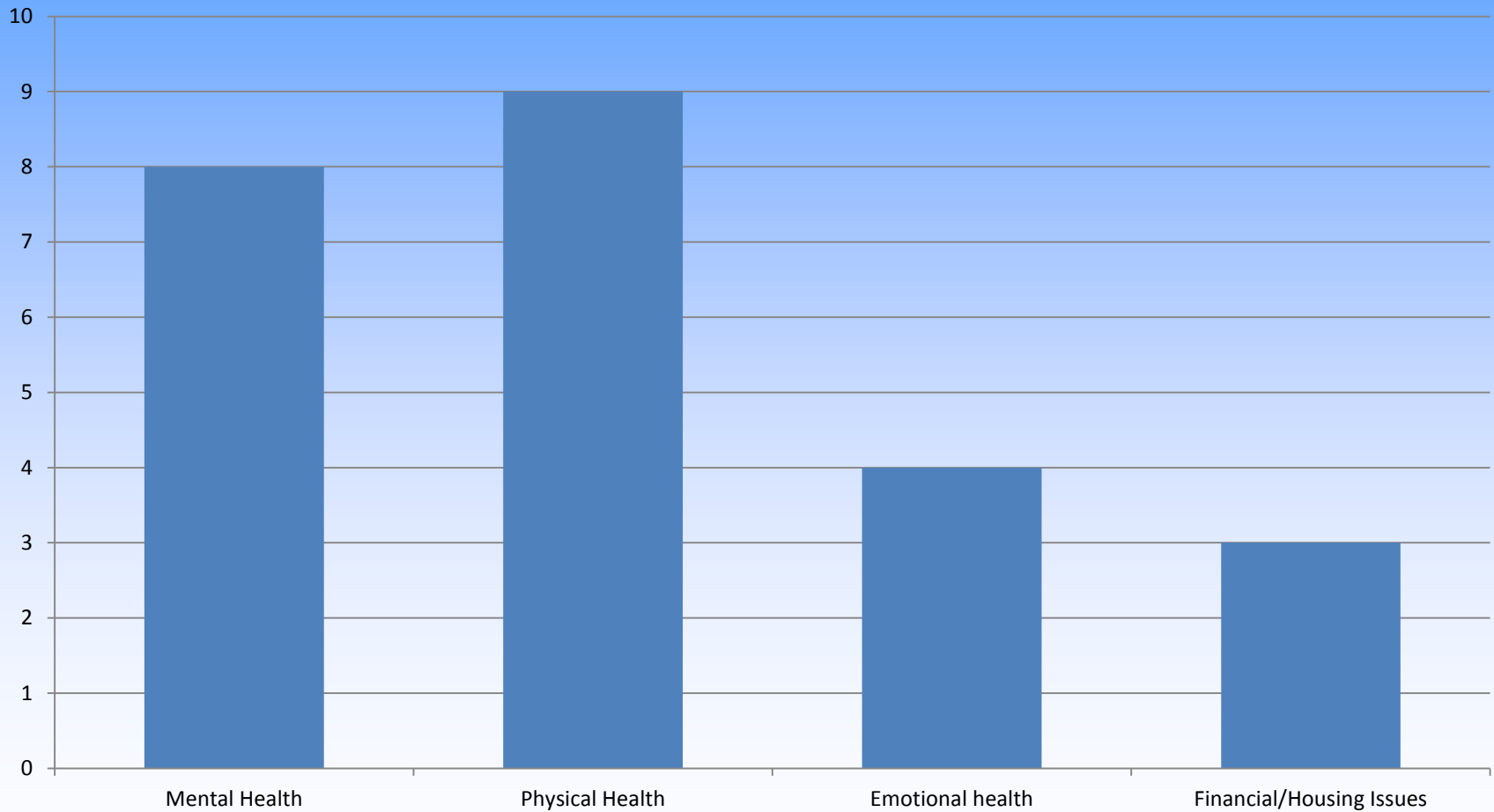
Breakdown by age group



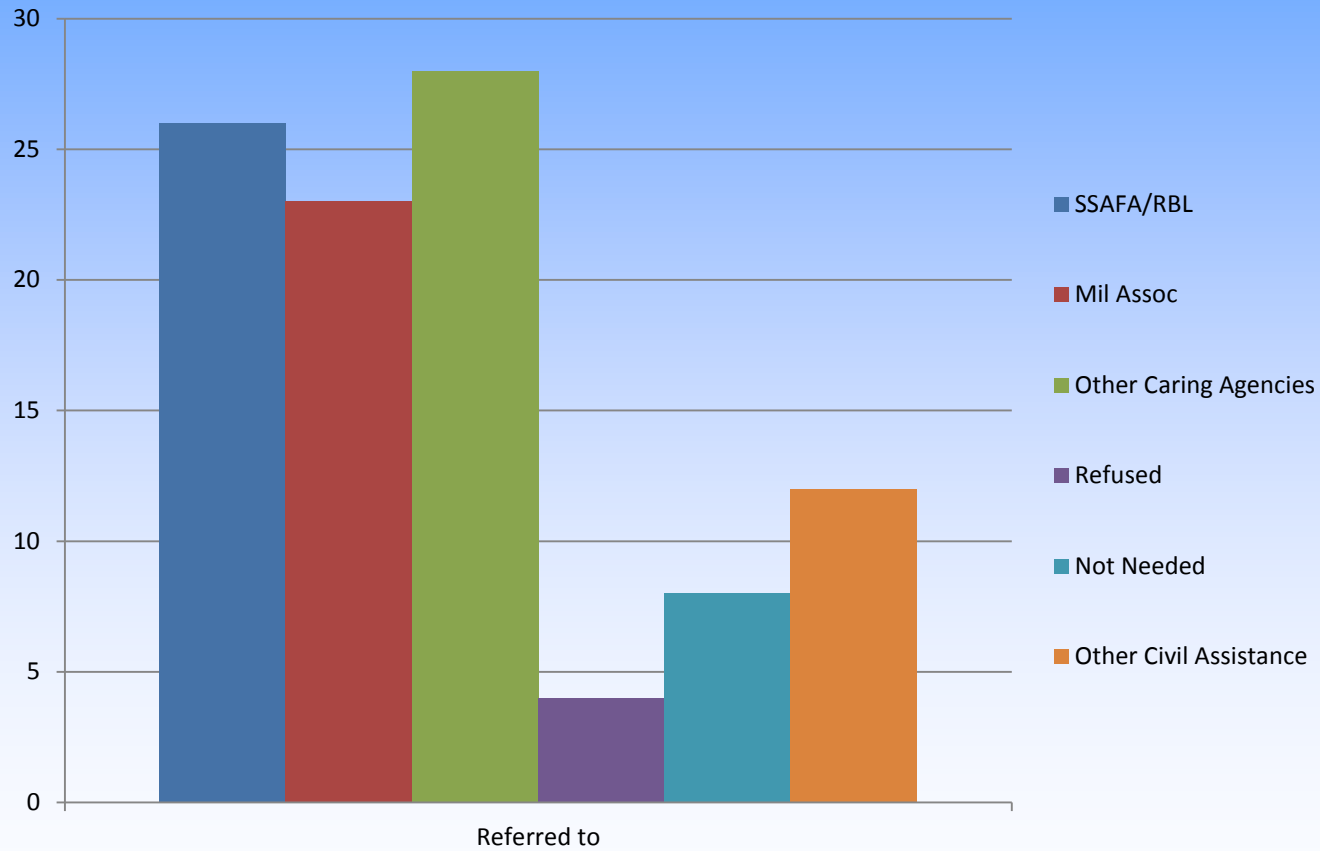
Locality



Support needed with.....



Onward referrals



A recent example.....

Dad served in the RN during the Falklands war, he now suffers badly with PTSD and flashbacks to when he watched friends die onboard his ship which was hit by an Argentine missile.

He has a wife and two sons (18 & 16) who had left home once already because they could not cope with the pressures placed on them by dad and his condition.

After a whole family visit by the SOW(AF) we called in agencies such as Combat Stress, and the Young Carers branch of Carers Support West Sussex who are working together to keep the family living as one unit, with the boys still offering support to both dad & mum.

A Carers' Voice....



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