

# Invicta Project



# Who we are...

The Invicta Project is a bespoke residential project for ex-service men who want to address alcohol and drug misuse.

The project was launched in April this year and is part of the Kenward Trust, a charity based in Yalding, Kent known nationally for its care and support of men and women affected by alcohol and drug dependence.



# What we do...

- ✓ *Here at the Invicta project we offer structured support using the recovery model.*

## Treatment includes:

- Group-work
- Life skills
- Relapse prevention and maintenance
- Art Therapy
- Nutrition
- Fitness
- Education
- Social enterprise work based skills
- Community engagement
- Health and well-being program



# What we do...

- ✓ We provide a link and referral to wraparound services and the wider armed forces network of support for individuals and their families.



- ✓ Move-on and supported housing is also available for those wishing to continue their recovery within Kenward trust.

# Client feedback



*"Being 'part of' and 'belonging to' is so important to me. I, just didn't know it. Where the sum of the parts is always greater than the collective total."*



*"I'd never have believed I'd say this, but my time at Invicta is one which will always invoke memories of honesty, trust, stability, happiness and, genuinely, fun times, too."*

*"I just wanted to write to express my immense thanks and appreciation for all you have helped my brother Aloysius (Alan) achieve. The unique treatment program and utterly amazing staff at Invicta have restored Alan to his old self."*

*"I can say, without equivocation that, what Mark & Rebecca did for me at the Invicta Project is immeasurable. The word 'gratitude' is alluded to, too often, in recovery from addiction."*

# Contact

To learn more about this project, please contact

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