



**Making armed forces
health and mental health a
mainstream priority for the
NHS and partners**

Commissioning, delivery and
collaboration update

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Commissioning of armed forces services

Commissioning landscape is quite complex NHS England has a £64.3m allocation for armed forces.

- In England, the MOD, NHS England and clinical commissioning groups (CCGs) are all responsible for commissioning specific services for armed forces personnel, their families and veterans.
- **MOD - DMS** are uniformed and civilian medical and dental personnel providing health services for serving personnel and their families on behalf of the MOD. They provide primary care (including GP services for DMS registered families), dental care, mental health, occupational health and rehabilitation services. (Serving personnel and their families can either be registered with a GP practice commissioned by the DMS or an NHS GP practice which is commissioned by NHS England.)
- **NHS England** is responsible for commissioning secondary care for everyone registered with a DMS practice. We do not have statutory responsibility for veterans. However, the Department of Health (DH) has provided additional funding for us to commission specific mental health and prosthetics services for veterans, given political concerns about these services.
- **CCGs** are responsible for commissioning community and community mental health services for armed forces families registered with an NHS GP practice - there is a risk share in place with CCGs regarding these services for the DMS registered population. They are also responsible for commissioning services for reservists, veterans and NHS registered patients (other than those which fall under the remit of NHS England because of our wider commissioning functions) **on the basis of Joint Strategic Health Needs Assessments with local government authorities, which were a subject of a review (Call to Mind Report)**
- Note that the **Devolved Administrations** (Scotland, Wales and Northern Ireland) have separate health administrations and organisations, but are looking to achieve the same outcomes; where the veterans and their families clearly have similar issues.

NHS England - Armed Forces Commissioning

What we do	What's the position	What's changing	Areas for consideration
<ul style="list-style-type: none"> • We have direct commissioning responsibility for patients registered with MoD GPs in England (serving, mobilised reservists and families) for community and 2ry Care service. • Single Regional team commissions (involving some risk share with CCGs) their local services from providers • Commission bespoke and identified veteran services (mainly in mental health and prosthetics) • Assurance of AF covenant delivery by CCG commissioners for NHS registered veterans, families and non-mobilised reservists • Support DMS in integrating health and social care with NHS and local partners. • Support transition of recruits into the armed forces and discharge from them • Support MoD delivery of the AF covenant in England • Provide armed forces subject matter expertise to NHS and into DH 	<ul style="list-style-type: none"> • Good relationships with MoD (SG and CDP) • Good reports in delivery of AF Covenant and transition reports. • Work-arounds supporting transition – summary care and registration • Good results in finance and performance • Common commissioning policies throughout England for DMS registered population • Dashboard of MoD registered population delivered • Following award winning engagement and consultation; delivery of new MH services for veterans - TIL (and CTS) • NHS Choices • HEE e-learning • Contact • Prosthetics – delivery and development • Veterans Trauma Network • Support welfare work with blue light services e.g. police • Support to MoD MH strategy • Support to MoD defence Recovery process • Patient involvement in decision making and scrutiny • Support to hearing and mobility delivery 	<ul style="list-style-type: none"> • RCGP – learning and accreditation • IPC4V • Catterick primary care delivery • Model of Care for MH • CTS • Gate to gate – veterans in prison system • Step into Health – NHS employment • Advice to National Police Chiefs Council on MH and wellbeing • Cross-system professional learning • JSNA/HNA by local authorities – H2E2W 	<ul style="list-style-type: none"> • future funding pressures • Data • CORTISONE • Families/Safeguarding • Reservists • Screening and Immz • Rebasing • Myth busting comms • Effect of NHS system change – STPs and decision/delivery systems • Partnership Agreement
<p>www.england.nhs.uk</p>			

NHS England mental health initiatives: supporting veterans, families and those in transition

- Access to all NHS commissioned mental health services, including Integrated Approach Psychological Therapies services.
- Taking on board the post Murrison mental health report in 2010 and supported by transition studies, engagement and the Ashcroft Review, NHS England, Department of Health and stakeholders have achieved:
 - Veteran specific mental health services – TILs and CTS
 - 24-hour veterans' mental health helpline – 800 calls per month
 - Big White Wall on-line early intervention peer support, wellbeing and counselling service
 - Veterans information service, supported by the Royal British Legion (charity) administered Veterans Gateway
 - Specialist high-intensity mental health services
 - Work with CONTACT group (of service charities) to look at the resource and delivery of mental health services
 - Support and input to FiMT (charity funded) research through the Mental health Programme Steering Group
 - Work with Health Education England to deliver the e-learning platform for all health professionals with open access to all
 - Evaluation of Gate to Gate report findings.

NHS veterans' mental health transition, intervention & liaison service

- The engagement and pilot services have helped to inform the NHS veterans' mental health transition, intervention and liaison (TIL) service for armed forces personnel approaching discharge and veterans.
- The service, which supports the commitments of The Five Year Forward View for Mental Health, builds on the success of previous provision and seeks to provide increased access and treatment to appropriate and timely mental health services across England in a uniformed manner.
- Patients have access to an enhanced range of treatment and interventions, from recognising the early signs of mental health problems to providing therapeutic treatment for complex mental health difficulties and psychological trauma. This is offered as three elements:
 - **Transition:** service for those in transition, leaving the armed forces
 - **Intervention:** service for veterans with complex presentation
 - **Liaison:** general service for veterans.
- Veterans, and for the first time armed forces personnel approaching discharge, can self-refer or request referral via a health care professional or service charity, with an initial face to face assessment offered within two weeks of a receipt of referral and where appropriate a first clinical appointment offered two weeks thereafter. Veterans can access the service regardless of when they leave the armed forces.
- The service is underpinned by collaborative working with the wider NHS, DMS, statutory bodies, local authorities and the third sector to ensure holistic support is in place for patients and their families. This will help support delivery of The Five Year Forward View for Mental Health, recognising the contributions of each to improving mental health wellbeing.

MH Complex Treatment Service - CTS

- Locations:
 - Berkshire Healthcare NHS Foundation Trust (covering Buckinghamshire, Oxfordshire, Berkshire, Hampshire, Isle of Wight and the South West of England)
 - Camden and Islington NHS Foundation Trust (covering South East of England and London)
 - Leeds and York Partnership NHS Foundation Trust (covering the North of England).
- Overview - An intensive provision of a range of mental health and social interventions, which may include (but is not limited to) support for substance misuse, physical health, employment, accommodation, relationships and finances, as well as occupational and trauma focused therapies. Interventions will normally be provided for a period of up to 32 weeks.
- A service that will work in collaboration with the wider NHS, statutory bodies, local authorities and the third sector, including armed forces charities, to ensure co-ordinated care and support is provided for patients and their families.
- Details from - england.south-armedforces@nhs.net

Questions?

